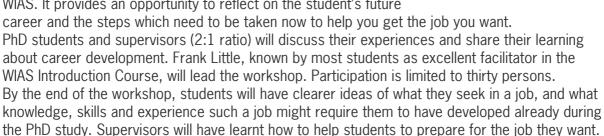
WIAS Workshop 'Career Coaching'

Tuesday 18 September 2007, Zodiac room 41

The workshop is intended for PhD students, postdocs and staff in WIAS. It provides an opportunity to reflect on the student's future



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13:00 Opening by Frank Little:

Introduction. 'Why I do what I do' or: 'Is it possible to plan a career?' (10 min) Individual and group work: 'What would your perfect job look like?'

Motivators and demotivators (20 min)

13:30 Part 1

- Talk by Arjen van Tunen (director Keygene) on what his company seeks in a future employee (10 min + 5 min questions)
- *Talk* by Annet Velthuis (alumnus) on balancing professional and personal demands (10 min + 5 min questions)
- Work in small groups: Analyse CVs for a potential job advertisement*:
 What are knowledge, skills, attitude and experience needed for this job? and Decide which one of five applicants you would call for an interview (30 min)
- Plenary discussion. Learning from the group work

If you think about your own (or your student's) CV, what does this exercise tell you about improving it (30 min)

15:00 Break and changing groups' composition

15:20 Part 2

- *Talk* by Sjo Koumans (alumnus) on how to turn personal interest into a full-time job (10 min + 5 min questions)
- *Talk* by Martin Verstegen (supervisor) on how he helps students to prepare for their future career (10 min + 5 min questions)
- Work in trios: Building your CV tutorials on practical, short term actions. A supervisor (not the
 own supervisor) mentors two PhD students to identify three specific actions each in the
 next six months which will help 'build their CVs' (40 min)
- Plenary discussion: Sharing with and learning from people in the other tutorials: What kinds of practical actions could I consider in the next six months (30 min)

17:00 Closing words:

'What can WIAS do to help and what can you do to help yourself?'

*material stems from a workshop titled 'Identifying and selling your employability skills', organised by Sarah Blackford and Peter Lumsden and held at the Annual Meeting of the Society for Experimental Biology, Canterbury 2-7 April 2006.